

# Scoresheet SBD Cup • Zaterdagmiddag: Platform Defy (1/2)

Nijmegen - 29 October 2022

66.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	22	64.78	OPEN	Richard Duits (J)	Iron House Co	165	175	180	110	115	115	285	215	222.5	230	507.5	79.897	
M	24	64.98	OPEN	Bram van der Zaan	Supreme Strength Coaching	150	160	165	100	110	115	280	185	205	215	495	77.802	
M	26	64.98	OPEN	Najef Zondringa	Algemeen Lid	150	160	170	105	115	115	265	205	210	212.5	477.5	75.051	
M	5	66.00	OPEN	Gennaro Pattiiha	Algemeen Lid	140	145	147.5	100	105	0	247.5	200	212.5	215	460	71.707	
M	16	65.80	OPEN	Benjamin Groen (J)	Algemeen Lid	135	137.5	142.5	115	122.5	127.5	260	170	180	185	440	68.699	
M	18	62.66	OPEN	Faustino de Groot	Barbell Lifestyle	137.5	137.5	137.5	100	105	110	242.5	180	190	200	432.5	69.304	
M	17	65.00	OPEN	Paolo Modena	Algemeen Lid	145	145	152.5	80	82.5	82.5	225	190	197.5	200	425	66.789	
M	25	65.14	OPEN	Casper Karremans (J)	Algemeen Lid	145	152.5	155	87.5	92.5	95	237.5	170	180	180	407.5	63.965	
M	1	64.32	OPEN	Rowan Scheepers	Striktly Powerhouse	117.5	122.5	125	70	75	75	200	132.5	135	140	340	53.730	

83.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	12	81.14	OPEN	Luuk de Vries (J)	Westerkracht	142.5	152.5	155	80	80	85	240	165	180	190	420	58.811	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet SBD Cup • Zaterdagmiddag: Platform Defy (2/2)

Nijmegen - 29 October 2022

83.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	2	77.74	OPEN	Jort Peels (S-J)	9 for 9 coaching	185	195	202.5	110	117.5	120	322.5	202.5	215	220	542.5	77.643	
M	21	82.18	OPEN	Noud Frints	Krachtlab	177.5	187.5	195	100	110	112.5	300	190	205	212.5	512.5	71.301	
M	4	80.94	OPEN	Jens Westra (S-J)	9 for 9 coaching	165	175	185	100	107.5	112.5	287.5	187.5	197.5	212.5	500	70.101	
M	14	81.02	OPEN	Tylo Beerten	Loods 37	147.5	155	162.5	107.5	112.5	115	275	197.5	215	225	500	70.066	
M	7	75.96	OPEN	Melle Peels (S-J)	9 for 9 coaching	162.5	172.5	180	107.5	115	115	287.5	187.5	200	210	497.5	72.056	
M	10	81.48	OPEN	Bart Schieving	Algemeen Lid	165	165	170	110	115	117.5	287.5	175	185	200	487.5	68.117	
M	3	80.56	OPEN	Liam Wayman (J)	Strength For All	155	165	177.5	90	97.5	97.5	275	200	210	235	485	68.160	
M	23	82.34	OPEN	Raoul Mourits (J)	9 for 9 coaching	160	160	170	95	100	105	270	200	207.5	215	485	67.409	
M	15	79.92	OPEN	Marc Smit	StrengthValleyNL	155	162.5	170	95	100	102.5	270	190	200	207.5	477.5	67.380	
M	9	81.96	OPEN	Rubin Koot	WorkBodyFit	170	170	177.5	100	107.5	110	277.5	170	185	195	472.5	65.825	
M	8	76.22	OPEN	Sten Terlouw (J)	Supreme Strength Coaching	130	145	152.5	90	95	100	252.5	185	202.5	207.5	455	65.785	
M	19	78.06	OPEN	Jerrel den Harder (J)	Supreme Strength Coaching	140	152.5	162.5	120	132.5	132.5	282.5	155	170	180	452.5	64.626	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: