

# Scoresheet Beginnerswedstrijd Athletic Forge • Zaterdagochtend (1/2)

Nieuwegein - 19 November 2022

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	5	54.22	BEG	Esmée de Nennie	Beginner	50	57.5	62.5	35	37.5	40	97.5	75	77.5	80	177.5	43.288	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	11	102.31	BEG	Christel Veenstra	Beginner	100	107.5	112.5	55	62.5	65	175	140	152.5	160	335	59.388	
W	7	90.14	BEG	Lies Annema	Beginner	95	105	110	65	67.5	70	175	130	135	140	315	57.977	
W	15	88.21	BEG	Fay Middel	Beginner	95	102.5	105	70	75	80	177.5	110	120	137.5	297.5	55.169	
W	10	100.76	BEG	Eefke Winkelmolen	Beginner	82.5	85	87.5	47.5	50	52.5	132.5	117.5	122.5	125	257.5	45.831	
W	6	101.78	BEG	Shahnaaz el Wann	Beginner	90	97.5	102.5	45	52.5	57.5	150	95	102.5	107.5	257.5	45.710	
W	9	88.03	BEG	Wendy Timmer	Beginner	72.5	80	85	40	47.5	52.5	132.5	95	105	112.5	245	45.466	
W	4	117.39	BEG	Nanda Gritter	Beginner	70	77.5	80	52.5	55	57.5	127.5	80	87.5	95	222.5	38.288	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Beginnerswedstrijd Athletic Forge • Zaterdagochtend (2/2)

Nieuwegein - 19 November 2022

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	1	62.09	BEG	Giulia-Esmee Loef	Beginner	95	100	110	60	62.5	65	175	130	135	147.5	322.5	71.229	
W	16	61.55	BEG	Lieke van Oosten	Beginner	102.5	110	115	47.5	52.5	57.5	167.5	105	115	120	282.5	62.757	
W	20	61.55	BEG	Michelle van Dijke	Beginner	72.5	77.5	82.5	45	47.5	47.5	127.5	75	85	95	222.5	49.428	

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	2	83.06	BEG	Sabine Hutten	Beginner	100	107.5	112.5	60	62.5	65	177.5	130	140	150	327.5	62.123	
W	19	79.22	BEG	Marianne Gijsbertsen	Beginner	100	105	110	57.5	62.5	65	170	130	137.5	140	310	59.978	
W	14	81.39	BEG	Jennifer van Veen	Beginner	80	90	97.5	52.5	60	62.5	160	105	115	122.5	282.5	54.032	
W	17	79.96	BEG	Annick Peelen	Beginner	95	102.5	107.5	52.5	55	60	162.5	110	117.5	130	280	53.957	
W	8	80.76	BEG	Kimberley de Groot	Beginner	110	110	115	47.5	50	52.5	162.5	100	105	110	272.5	52.289	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: