

Scoresheet Beginnerswedstrijd Athletic Forge • Zaterdagmiddag (1/2)

Nieuwegein - 19 November 2022

69.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	18	64.84	BEG	Danique Zwaan	Beginner	90	97.5	102.5	47.5	52.5	57.5	155	120	130	140	295	63.382	
W	2	65.88	BEG	Charlotte Bosch	Beginner	92.5	102.5	102.5	45	47.5	52.5	155	127.5	135	140	290	61.708	
W	5	67.20	BEG	Isabella Pouw	Beginner	95	100	102.5	45	50	52.5	152.5	110	117.5	120	272.5	57.309	
W	10	66.86	BEG	Amber Sentener	Beginner	85	90	95	47.5	50	52.5	147.5	100	107.5	115	262.5	55.370	
W	1	68.63	BEG	Sam van de Meide	Beginner	70	75	80	55	60	62.5	142.5	100	105	112.5	255	52.988	
W	6	67.62	BEG	Eline de Waal	Beginner	77.5	80	80	47.5	50	55	132.5	105	115	120	252.5	52.912	
W	11	68.00	BEG	Evy Moonen	Beginner	80	90	95	35	37.5	40	135	100	110	115	250	52.221	
W	4	68.00	BEG	Ilona Moonen	Beginner	80	90	90	42.5	45	50	125	115	120	125	245	51.176	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Beginnerswedstrijd Athletic Forge • Zaterdagmiddag (2/2)

Nieuwegein - 19 November 2022

76.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3			
W	15	74.43	BEG	Charlie Saes	Beginner	115	120	125	60	62.5	65	187.5	152.5	157.5	162.5	350	69.699	
W	12	71.54	BEG	Karen Graciano Oquendo	Beginner	120	127.5	130	65	70	75	205	115	122.5	130	335	68.062	
W	8	74.43	BEG	Lisa Zuehlke	Beginner	115	122.5	125	55	57.5	60	172.5	120	130	140	312.5	62.232	
W	3	75.10	BEG	Souzan Jongman	Beginner	110	115	120	57.5	62.5	67.5	182.5	110	120	125	307.5	60.970	
W	14	74.43	BEG	Ires Freriks	Beginner	95	105	112.5	52.5	60	62.5	167.5	120	130	135	302.5	60.240	
W	16	72.60	BEG	Janneke Jorna	Beginner	80	82.5	85	55	55	57.5	140	100	110	115	255	51.416	
W	9	67.78	BEG	Gemma Vendel Porras Benitas	Beginner	120	130	135	70	75	75	210	150	160	170	0	0.000	
W	17	68.29	BEG	Femke Eeltink	Beginner	65	70	70	47.5	52.5	55	125	95	105	115	0	0.000	

Referees (name and signature)

Head referee:

Left referee:

Right referee: