

# Scoresheet Beginnerswedstrijd RAF Sport • Zaterdagochtend (1/2)

Lelystad - 1 October 2022

69.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	4	66.60	BEG	Samantha Bendeler	Beginner	120	127.5	132.5	50	55	57.5	185	130	137.5	145	330	69.767	
W	1	66.90	BEG	Dionne van Kuilenburg	Beginner	97.5	105	110	65	67.5	70	177.5	130	137.5	140	317.5	66.948	
W	17	67.90	BEG	Mariëlle van der Ent	Beginner	107.5	115	125	52.5	57.5	60	172.5	120	127.5	135	307.5	64.285	
W	11	67.10	BEG	Alyssa Vos	Beginner	100	107.5	107.5	47.5	52.5	55	160	120	127.5	135	295	62.095	
W	6	65.80	BEG	Star Sala	Beginner	92.5	100	100	45	47.5	47.5	145	110	117.5	117.5	255	54.300	
W	16	67.30	BEG	Myrthe Veenstra	Beginner	60	65	67.5	37.5	40	42.5	110	80	85	90	200	42.026	
W	9	67.70	BEG	Inge Rijnders	Beginner	55	60	60	32.5	37.5	40	97.5	80	87.5	92.5	190	39.788	
W	10	67.50	BEG	Didi Geevers	Beginner	60	65	72.5	32.5	35	40	100	72.5	80	90	180	37.758	

76.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	14	74.80	BEG	Margo Dongelmans	Beginner	125	132.5	135	70	75	80	210	147.5	155	160	370	73.505	
W	3	72.30	BEG	Yolinda Dekker	Beginner	112.5	117.5	122.5	60	65	67.5	187.5	132.5	140	145	332.5	67.185	
W	25	74.70	BEG	Angeline Bosma	Beginner	97.5	105	110	57.5	62.5	65	172.5	147.5	152.5	160	332.5	66.098	
W	7	74.10	BEG	Aniek Nijland	Beginner	102.5	107.5	112.5	62.5	65	70	182.5	130	140	145	327.5	65.361	
W	18	72.00	BEG	Alysha van de Ree	Beginner	80	85	85	47.5	52.5	55	140	90	97.5	102.5	242.5	49.105	
W	2	69.40	BEG	Bregje Pol	Beginner	75	80	82.5	35	35	37.5	117.5	95	102.5	102.5	212.5	43.884	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Beginnerswedstrijd RAF Sport • Zaterdagochtend (2/2)

Lelystad - 1 October 2022

74.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3			
M	15	73.60	BEG	Davon Domacasse	Beginner	195	195	210	130	140	145	335	220	235	245	580	85.390	
M	24	70.70	BEG	Stan Brabander	Beginner	185	187.5	192.5	115	120	122.5	315	225	232.5	237.5	552.5	83.064	
M	8	72.90	BEG	Angelo Chuanchit	Beginner	185	185	195	120	125	125	310	200	210	217.5	527.5	78.047	
M	21	71.90	BEG	Beau van Druten	Beginner	150	160	170	105	110	115	280	170	185	195	475	70.787	
M	20	73.20	BEG	Daan Meijer	Beginner	140	140	150	100	110	117.5	260	175	185	195	455	67.177	
M	12	73.30	BEG	Thijs Karreman	Beginner	137.5	145	152.5	85	92.5	100	237.5	180	192.5	200	437.5	64.547	
M	22	69.00	BEG	Rémon Scholten	Beginner	135	142.5	150	85	90	90	235	175	185	200	420	63.955	
M	23	71.50	BEG	Rik Stikvoort	Beginner	117.5	120	122.5	67.5	72.5	77.5	200	175	182.5	187.5	387.5	57.916	
M	26	72.80	BEG	Marcel van Zutphen	Beginner	105	110	115	75	80	82.5	195	137.5	147.5	155	342.5	50.712	
M	27	75.00	BEG	Roy Bel	Beginner	102.5	105	105	72.5	77.5	82.5	187.5	135	150	157.5	0	0.000	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: