

Scoresheet Zomerbeginnerswedstrijd 2022 • Zaterdagmiddag (1/2)

Nijmegen - 2 July 2022

66.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	2	62.00	BEG	Paolo Modena	Beginner	137.5	145	150	72.5	75	77.5	227.5	172.5	182.5	190	417.5	67.279	
M	7	63.70	BEG	Emiel van Gool	Beginner	125	127.5	132.5	87.5	87.5	95	220	155	165	180	385	61.155	
M	19	61.00	BEG	Simon Alberink	Beginner	85	87.5	95	65	67.5	72.5	167.5	110	120	130	297.5	48.359	

74.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	18	72.80	BEG	Ludo Snel	Beginner	100	112.5	120	85	92.5	100	220	105	120	122.5	340	50.341	
M	14	69.30	BEG	Bram Verhagen	Beginner	77.5	77.5	82.5	55	60	62.5	142.5	120	122.5	130	272.5	41.400	
M	5	69.80	BEG	Sam Elkhuisen	Beginner	95	102.5	112.5	70	70	77.5	172.5	130	130	130	0	0.000	

83.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	10	80.60	BEG	Mert Ferdi Kar	Beginner	175	182.5	190	110	115	122.5	297.5	190	197.5	205	495	69.548	
M	15	78.30	BEG	Ivo Rap	Beginner	155	165	170	85	100	105	275	180	192.5	205	480	68.446	
M	3	77.10	BEG	Stijn Oudshoorn	Beginner	140	150	160	77.5	80	85	245	165	185	200	430	61.804	
M	11	81.20	BEG	John Dumee	Beginner	102.5	110	115	67.5	72.5	77.5	192.5	125	132.5	140	332.5	46.541	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Zomerbeginnerswedstrijd 2022 • Zaterdagmiddag (2/2)

Nijmegen - 2 July 2022

74.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	22	69.50	BEG	Justin Lotamloi	Beginner	165	170	170	100	107.5	112.5	277.5	185	195	205	472.5	71.677	
M	20	69.70	BEG	Ruben de Bruin	Beginner	145	155	162.5	105	112.5	112.5	260	190	190	200	460	69.675	
M	9	73.70	BEG	Kevin Poldermans	Beginner	135	137.5	142.5	110	112.5	115	252.5	170	180	185	432.5	63.629	
M	21	72.90	BEG	Indi Klomp	Beginner	140	140	145	95	102.5	102.5	247.5	170	180	185	417.5	61.772	
M	1	70.20	BEG	Sem Laaper	Beginner	110	120	130	90	95	97.5	225	145	160	170	385	58.097	
M	17	68.30	BEG	Sem Verbrugge	Beginner	120	127.5	135	90	95	100	227.5	135	145	145	362.5	55.496	
M	8	71.60	BEG	Timon Beld	Beginner	105	110	115	80	85	90	205	130	145	152.5	350	52.273	
M	12	72.40	BEG	Boaz van der Waard	Beginner	95	110	120	65	67.5	70	187.5	145	155	160	347.5	51.600	

Referees (name and signature)

Head referee:

Left referee:

Right referee: