

Scoresheet Beginnerswedstrijd Lelystad 2022 • Zondagochtend (1/2)

Lelystad - 1 May 2022

76.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	35	73.90	BEG	Patricia Meana Saez	Beginner	95	102.5	110	69	72.5	75	185	135	142.5	150	335	66.947	
W	17	70.80	BEG	Karin Fikse	Beginner	100	110	112.5	60	65	70	182.5	105	115	120	302.5	61.797	
W	53	73.10	BEG	Hajar Badaoui	Beginner	110	115	115	50	52.5	57.5	167.5	110	120	127.5	295	59.275	
W	55	75.20	BEG	Jenny Fleuren	Beginner	97.5	102.5	107.5	52.5	55	57.5	160	112.5	117.5	120	280	55.482	
W	3	74.80	BEG	Shanel Hospers	Beginner	87.5	95	100	47.5	52.5	55	147.5	112.5	115	117.5	265	52.645	
W	49	73.90	BEG	Mente Klaver	Beginner	95	95	97.5	42.5	45	45	142.5	107.5	112.5	117.5	260	51.959	
W	43	73.10	BEG	Annabelle Spieward	Beginner	75	80	85	55	60	62.5	145	95	100	105	250	50.233	

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	18	83.90	BEG	Daphne Pieterse	Beginner	127.5	127.5	132.5	80	82.5	85	217.5	145	157.5	165	375	70.851	
W	32	81.80	BEG	Julia Windt	Beginner	65	72.5	75	40	45	45	115	85	95	102.5	217.5	41.514	

93.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	14	91.20	BEG	Yorick Paassen	Beginner	142.5	152.5	162.5	95	102.5	110	272.5	180	195	207.5	480	63.398	
M	47	90.60	BEG	Dapper Bruijn	Beginner	135	140	147.5	92.5	97.5	100	245	175	190	200	445	58.966	
M	40	86.80	BEG	Sami van der Slik	Beginner	135	142.5	150	95	100	100	250	155	165	175	425	57.524	
M	31	86.00	BEG	Patrick Massop	Beginner	115	120	130	75	80	82.5	212.5	175	185	190	397.5	54.051	
M	28	89.40	BEG	Tom Jansen	Beginner	125	125	132.5	90	95	95	222.5	147.5	155	170	392.5	52.352	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Beginnerswedstrijd Lelystad 2022 • Zondagochtend (2/2)

Lelystad - 1 May 2022

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	54	91.90	BEG	Emma Meinen	Beginner	110	115	120	50	52.5	55	172.5	130	140	145	317.5	58.063	
W	9	90.60	BEG	Danielle Heijne	Beginner	102.5	110	115	50	55	55	165	122.5	135	140	300	55.122	
W	19	89.70	BEG	Eva Raat	Beginner	95	97.5	102.5	47.5	47.5	50	145	135	135	142.5	280	51.621	

93.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	7	91.60	BEG	Ivo Buringa Zeilstra	Beginner	210	217.5	225	150	162.5	172.5	387.5	220	230	240	627.5	82.701	
M	44	91.30	BEG	Kevin Evers	Beginner	202.5	207.5	215	135	142.5	147.5	362.5	222.5	232.5	250	612.5	80.854	
M	34	90.90	BEG	Davy Kagenaar	Beginner	170	180	190	125	132.5	137.5	312.5	225	240	245	557.5	73.753	
M	6	86.80	BEG	Alex Man	Beginner	175	185	195	120	127.5	132.5	327.5	210	225	227.5	555	75.120	
M	42	89.80	BEG	Sefik Ozer	Beginner	185	192.5	200	107.5	112.5	117.5	312.5	210	222.5	235	535	71.202	
M	29	91.00	BEG	Thomas van Dongen	Beginner	150	160	167.5	120	127.5	132.5	295	180	195	205	500	66.111	
M	27	88.30	BEG	Luc Wouters	Beginner	130	145	155	105	117.5	125	272.5	190	210	220	492.5	66.094	
M	2	85.50	BEG	Rubin Koot	Beginner	162.5	170	175	95	100	107.5	282.5	165	180	190	472.5	64.438	
M	22	87.00	BEG	Fedor Batelaan	Beginner	150	160	170	90	100	100	260	190	205	220	465	62.866	
M	58	87.40	BEG	Edwin de Groot	Beginner	140	145	150	100	110	110	260	180	190	200	460	62.048	
M	24	90.80	BEG	Mart Kapteijn	Beginner	160	160	165	100	105	105	260	170	175	180	440	58.240	

Referees (name and signature)

Head referee:

Left referee:

Right referee: