

Scoresheet Beginnerswedstrijd Lelystad 2022 • Zaterdagochtend (1/2)

Lelystad - 30 April 2022

63.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	23	61.60	BEG	Maria Schreurs	Beginner	105	115	120	55	62.5	65	185	122.5	135	142.5	320	71.049	
W	25	61.90	BEG	Ayla van Leeuwen	Beginner	80	95	102.5	65	67.5	67.5	170	120	127.5	132.5	302.5	66.947	
W	5	62.40	BEG	Esmee Berendsen	Beginner	92.5	97.5	105	60	65	70	175	115	122.5	127.5	302.5	66.594	
W	14	61.40	BEG	Isabelle van den Beld	Beginner	80	85	90	45	50	55	145	100	107.5	115	260	57.853	
W	29	61.60	BEG	Jasmijn Hübers	Beginner	80	82.5	90	47.5	50	52.5	140	107.5	112.5	112.5	252.5	56.062	
W	20	60.50	BEG	Rianka van Bennekom	Beginner	80	85	90	40	45	47.5	135	100	110	115	250	56.188	
W	21	61.40	BEG	Zoë Stubij	Beginner	85	90	95	45	47.5	50	145	95	100	102.5	247.5	55.072	

69.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	10	65.40	BEG	Gwen Heuts	Beginner	80	85	90	57.5	62.5	65	155	92.5	100	110	265	56.638	
W	1	68.90	BEG	Whitley Arends	Beginner	75	80	85	40	45	50	130	80	90	100	220	45.615	
W	7	68.10	BEG	Marieke Visser	Beginner	50	55	60	37.5	40	42.5	97.5	82.5	90	95	192.5	40.176	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Beginnerswedstrijd Lelystad 2022 • Zaterdagochtend (2/2)

Lelystad - 30 April 2022

69.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	4	67.00	BEG	Betty Aborah	Beginner	125	132.5	142.5	70	77.5	82.5	225	170	185	200	425	89.537	
W	19	67.50	BEG	Priscilla Molenaar	Beginner	107.5	112.5	117.5	75	77.5	80	192.5	130	140	145	337.5	70.797	
W	15	66.00	BEG	Sarah Rahman	Beginner	125	130	132.5	57.5	62.5	62.5	187.5	140	142.5	150	330	70.143	
W	6	67.50	BEG	Basak Ozkan	Beginner	112.5	117.5	122.5	45	50	55	172.5	125	135	140	312.5	65.553	
W	2	67.00	BEG	Zina Koning	Beginner	90	95	100	65	70	72.5	170	130	135	140	310	65.309	
W	31	67.90	BEG	Ginny Soedarso	Beginner	115	125	140	45	52.5	60	177.5	110	120	125	302.5	63.240	
W	9	68.50	BEG	Amber Mes	Beginner	107.5	115	115	42.5	45	47.5	162.5	120	125	130	292.5	60.845	
W	30	68.40	BEG	Sterre Snackers	Beginner	100	107.5	112.5	47.5	52.5	52.5	165	107.5	115	122.5	287.5	59.855	
W	16	67.70	BEG	Rhea Lambregts	Beginner	82.5	87.5	90	45	47.5	50	135	117.5	125	127.5	260	54.447	
W	22	66.50	BEG	Romy Riemersma	Beginner	87.5	95	100	45	50	50	145	105	110	110	255	53.959	

Referees (name and signature)

Head referee:

Left referee:

Right referee: