

# Scoresheet Beginnerswedstrijd Lelystad 2022 • Zaterdagmiddag (1/2)

Lelystad - 30 April 2022

74.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	16	72.70	BEG	Alex Yang	Beginner	170	185	187.5	130	135	140	322.5	200	215	220	542.5	80.382	
M	8	71.10	BEG	Luke van Ingen	Beginner	170	170	175	102.5	105	105	280	205	210	215	495	74.200	
M	11	73.70	BEG	Sahand Bahrami	Beginner	150	160	167.5	115	122.5	127.5	290	185	192.5	202.5	482.5	70.985	
M	39	72.00	BEG	Mauritius van Maurik	Beginner	130	142.5	150	107.5	115	117.5	267.5	177.5	177.5	185	452.5	67.385	
M	47	72.80	BEG	Jelle van Rossum	Beginner	155	165	170	82.5	82.5	87.5	252.5	190	200	205	452.5	66.999	
M	18	74.00	BEG	Babek Khani	Beginner	130	135	142.5	117.5	125	127.5	267.5	160	170	180	447.5	65.697	
M	36	71.90	BEG	Matthijs Hekman	Beginner	117.5	127.5	137.5	92.5	100	105	237.5	167.5	177.5	190	427.5	63.709	
M	26	69.60	BEG	Niels Klijn	Beginner	132.5	140	145	92.5	95	97.5	240	157.5	167.5	175	415	62.907	
M	48	73.10	BEG	Jari van der Heijden	Beginner	140	145	150	80	85	0	235	170	175	175	410	60.576	
M	34	71.30	BEG	Niels van Leeuwen	Beginner	125	132.5	140	75	80	85	212.5	155	165	172.5	377.5	56.504	
M	15	66.90	BEG	Daan Muller	Beginner	105	107.5	115	75	82.5	87.5	202.5	135	142.5	160	362.5	56.105	
M	43	68.60	BEG	Finn Kretzers	Beginner	100	105	107.5	70	72.5	77.5	182.5	137.5	150	157.5	340	51.931	

83.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	24	69.90	BEG	Sicco Oortwijn	Beginner	105	112.5	115	65	70	72.5	187.5	150	160	170	0	0.000	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Beginnerswedstrijd Lelystad 2022 • Zaterdagmiddag (2/2)

Lelystad - 30 April 2022

83.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	59	81.50	BEG	Roger Hijlaard	Beginner	182.5	192.5	200	112.5	120	125	325	220	230	240	565	78.937	
M	2	80.80	BEG	Daan Pepers	Beginner	185	192.5	200	115	122.5	125	315	215	225	237.5	552.5	77.529	
M	10	81.00	BEG	Noud Frints	Beginner	160	175	182.5	95	105	107.5	290	185	195	200	490	68.673	
M	44	77.20	BEG	Liam Wayman	Beginner	140	150	162.5	80	87.5	92.5	255	182.5	195	215	470	67.508	
M	5	76.40	BEG	Jens Westra	Beginner	147.5	157.5	170	87.5	95	102.5	272.5	170	182.5	195	467.5	67.510	
M	28	81.70	BEG	Pierre Vandenberghe	Beginner	135	145	157.5	90	97.5	102.5	260	170	182.5	192.5	452.5	63.140	
M	17	77.50	BEG	Rik Aarts	Beginner	147.5	155	155	82.5	87.5	90	245	175	182.5	192.5	437.5	62.715	
M	51	78.60	BEG	Jose Gregorio Martinez	Beginner	130	140	147.5	70	82.5	90	230	185	205	207.5	435	61.907	
M	33	81.40	BEG	Luuk de Vries	Beginner	135	142.5	150	70	75	82.5	232.5	155	170	180	412.5	57.667	
M	4	81.60	BEG	Jasper van Westing	Beginner	130	137.5	145	100	105	107.5	242.5	150	157.5	162.5	405	56.548	
M	37	75.70	BEG	Thimo de Winter	Beginner	117.5	125	130	67.5	72.5	77.5	202.5	162.5	172.5	180	382.5	55.498	
M	42	75.30	BEG	Michael Diebels	Beginner	97.5	102.5	110	65	70	75	180	110	120	130	310	45.103	
M	55	80.60	BEG	Milo Zaagsma	Beginner	140	150	160	90	97.5	102.5	262.5	135	140	140	0	0.000	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: