

# Scoresheet Open NK Powerliften Classic 2021 Dames • Zaterdagmiddag (1/2)

Maasland - 22 May 2021

69.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	34	67.62	OPEN	Emma Omani (J)	Krachtlab	147.5	158	163	87.5	93	95	253	167.5	180.5	190.5	443.5	92.937	
W	17	66.70	OPEN	Iduna Bink (J)	Algemeen Lid	145	150	152.5	77.5	80	82.5	232.5	160	170	175	407.5	86.076	
W	15	68.26	OPEN	Cathelijne Gort (J)	Algemeen Lid	110	117.5	122.5	90	92.5	92.5	207.5	180	190	200.5	397.5	82.851	
W	24	68.88	OPEN	Sytske Bekker	East End Strength Sports	127.5	130	135	77.5	80	82.5	215	162.5	175	185	390	80.876	
W	31	67.78	OPEN	Bo Arends (J)	Pjotrs Powertraining	125	132.5	135	70	72.5	75	207.5	160	167.5	167.5	367.5	76.907	
W	30	67.88	OPEN	Bibi Stellema (J)	Algemeen Lid	127.5	132.5	132.5	75	77.5	80	207.5	145	150	155	362.5	75.797	
W	28	67.36	OPEN	Nienke Korte (J)	Perfect Performance	117.5	122.5	127.5	55	57.5	60	180	142.5	147.5	150	330	69.307	

84.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	22	81.42	OPEN	Ankie Timmers	NKV Atlas Nijmegen	160	167.5	172.5	120	125	125	287.5	180	192.5	200	487.5	93.228	
W	9	77.76	OPEN	Sharon Rietveld	Algemeen Lid	140	147.5	152.5	72.5	77.5	80	230	172.5	182.5	190	420	81.936	
W	21	81.64	OPEN	Evie Bus	NSKV Profectus	130	137.5	142.5	65	70	75	212.5	152.5	162.5	167.5	380	72.589	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Open NK Powerliften Classic 2021 Dames • Zaterdagmiddag (2/2)

Maasland - 22 May 2021

76.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	35	74.44	OPEN	Jacqueline Klaver	DSKV IJzersterk	160	168	173	<del>70</del>	72.5	75	248	172.5	182.5	190	438	87.218	
W	6	73.08	OPEN	Danielle Huijser	Algemeen Lid	152.5	157.5	<del>162.5</del>	92.5	95	100	257.5	170	180	<del>190</del>	437.5	87.920	
W	8	75.26	OPEN	Miranda van de Pol (MI)	NKV Atlas Nijmegen	140	145	150	80	85	87.5	237.5	155	162.5	167.5	405	80.220	
W	2	72.88	OPEN	Aysun Cakmak (MI)	Strength Academy	135	142.5	<del>145</del>	77.5	80	82.5	225	165	172.5	<del>175</del>	397.5	79.992	
W	16	74.60	OPEN	Michelle de Jong (J)	Algemeen Lid	<del>132.5</del>	<del>132.5</del>	132.5	82.5	87.5	<del>90</del>	220	155	162.5	<del>167.5</del>	382.5	76.087	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	3	91.52	OPEN	Ielja Strik (MI)	Perfect Performance	190	202.5	<del>240.5</del>	138	142.5	144.5	347	190	202.5	210	557	102.001	
W	20	100.86	OPEN	Irish Kensenhuis	Algemeen Lid	170	177.5	182.5	85	90	92.5	275	207.5	215	220	495	88.079	
W	12	114.88	OPEN	Barbara Claassen (MII)	Algemeen Lid	160	167.5	172.5	70	75	77.5	250	160	170	177.5	427.5	73.860	
W	14	86.08	OPEN	Mirte de Haan	East End Strength Sports	142.5	150	155	75	77.5	80	235	162.5	172.5	177.5	412.5	77.177	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: