

# Scoresheet NK Powerliften Equipped 2020 (Sub)-junioren, Open & Masters • Zondag (1/2)

Oudkarspel - 23 February 2020

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	14	77.56	OPEN	Ankie Timmers	NKV Atlas	170	180	190	175	0	0	365	180	195	205	570	673.60	
W	11	83.32	OPEN	Iris Kensenhuis	Team Magna	207.5	215	220	105	112.5	112.5	325	235	245	251.5	570	655.69	
W	5	74.16	MII	Carmen Sjardijn	Sportcentrum Top-Fit	155	165	172.5	105	110	0	277.5	155	165	170	442.5	556.19	
W	15	83.60	O, MI	Ielja Strik	NKV Atlas	230	240	245	172.5	175	175	245	200	207.5	212.5	0	109.14	

74.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	21	73.92	OPEN	Eray Cingi	Team Magna	255	270	270	165	165	170	440	255	270	283.5	710	632.47	
M	4	73.14	S-J	Sjoerd Schoufs	Sportcentrum Top-Fit	190.5	200	205	95	100	102.5	305	205	215.5	225	520.5	483.41	
M	6	73.42	MIII	Michiel van Son	SSS Alkmaar	150	160	170	95	100.5	100.5	265	190	200.5	205	465.5	437.88	

83.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	3	81.54	OPEN	Mitchel Leunissen	TSKV Spartacus	220	232.5	240	165	172.5	177.5	417.5	245	255	255	662.5	559.97	
M	2	81.60	MI	Roland Pater	SSS Alkmaar	180	180	190	120	120	130	320	190	200	205	525	455.91	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet NK Powerliften Equipped 2020 (Sub)-junioren, Open & Masters • Zondag (2/2)

Oudkarspel - 23 February 2020

93.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	8	90.48	O, J	Maurice Koopmanschap	SSS Alkmaar	250	260	270	178	185	190	460	240	260	265	720	568.62	
M	12	88.34	JUN	Ruben Jansen	Strength Academy	190	200	210	120	120	130	340	200	210	220	560	461.01	
M	16	87.92	MIII	Jos van Kersbergen	Sportcentrum Top-Fit	180	190	200	110	140	155	340	190	210	0	550	455.02	
M	22	91.90	MIII	Wim Bevers	Sportcentrum Top-Fit	180	180	200	120	120	130	330	170	190	202.5	520	422.95	

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	18	104.74	O, MI	Pjotr van den Hoek	TSKV Spartacus	335	345	350	265	272.5	277.5	622.5	285	300	0	922.5	658.89	
M	9	103.10	MIII	Bram Hazeu	KSV Sandow Delft	200	210	220	155	160	163	370	220	237.5	240	607.5	456.07	
M	19	96.74	MIII	Ronald Braak	SSS Alkmaar	190	205	215	115	122.5	130	345	175	190	205	550	432.06	

120.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	1	119.18	OPEN	Christophe Rebreyend	NKV Atlas	300	315	320	165	172.5	177.5	497.5	340	357.5	360	857.5	578.17	
M	20	105.70	O, MI	Sven den Houting	SSS Alkmaar	305	325	330	185	192.5	197.5	522.5	260	277.5	277.5	782.5	564.51	

120.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	10	192.10	OPEN	Sven Jansen	TSKV Spartacus	300	310	345	205	215	225	535	250	260	265	800	442.94	
M	17	132.80	O, MII	Wim Wamsteeker	Team Magna	250	265	265	160	0	0	410	240	0	0	650	428.95	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: