

Scoresheet NK Powerlifen Classic 2020 Junioren • Zaterdagochtend (1/2)

Oudkarspel - 7 March 2020

57.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	9	52.80	JUN	Eva Zhu	Perfect Performance	97.5	102.5	107.5	50	55	60	167.5	112.5	120	130	297.5	558.160	
W	23	56.05	JUN	Kristel Sas	TSKV Spartacus	80	85	90	55	60	60	145	107.5	115	125	270	488.830	
W	6	56.35	JUN	Iris de Lange	DSKV IJzersterk	85	85	90	50	57.5	57.5	140	120	130	130	270	487.590	
W	7	56.25	JUN	Rilana Pal	Powerlifting Zwolle	90	92.5	95	45	50	50	137.5	105	115	122.5	252.5	454.540	

63.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	8	61.25	JUN	Janneke Brauckman	GSKV Northside Barbell	122.5	127.5	127.5	87.5	92.5	95	222.5	145	152.5	162.5	375	659.440	
W	16	62.95	JUN	Sanne van der Ploeg	Team Miro	100	110	117.5	60	65	70	187.5	130	140	0	327.5	566.110	
W	11	63.00	JUN	Whitney Nedd	ESKV Odin	105	110	115	60	62.5	62.5	177.5	130	137.5	137.5	315	543.660	
W	27	61.30	JUN	Céline Cacchione	Team Miro	87.5	95	100	60	62.5	65	165	100	110	115	275	478.230	
W	3	63.00	JUN	Xiamei Klancnik	NSKV Profectus	85	90	95	45	50	50	145	115	122.5	127.5	272.5	468.050	
W	12	60.35	JUN	Sara Manders	TSKV Spartacus	77.5	82.5	87.5	47.5	50	50	135	105	112.5	117.5	252.5	440.470	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet NK Powerliften Classic 2020 Junioren • Zaterdagochtend (2/2)

Oudkarspel - 7 March 2020

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	10	73.30	JUN	Michelle de Jong	Algemeen Lid	117.5	125	130	75	80	82.5	210	142.5	150	155	365	590.490	
W	1	80.05	JUN	Fleur Goedhart	NSKV Profectus	110	117.5	122.5	75	80	82.5	205	137.5	150	157.5	355	553.610	
W	22	79.15	JUN	Ragnhild Maarleveld	DSKV IJzersterk	115	125	132.5	50	55	60	180	120	125	300	470.330		
W	18	76.30	JUN	Mirjam van Rijn	Strength Academy	107.5	112.5	115	60	62.5	65	177.5	110	120	120	297.5	473.060	

74.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	20	73.52	JUN	Adriaan Dirkzwager	DSKV IJzersterk	162.5	172.5	177.5	105	112.5	115	292.5	230	245.5	255.5	538	574.330	
M	19	73.72	JUN	Leroy de Groot	Algemeen Lid	167.5	180	185	100	105	107.5	292.5	210	225	230	522.5	554.210	
M	25	73.28	JUN	Luc Koekelkoren	Strength Academy	155	162.5	170	112.5	120	120	290	200	215	227.5	505	535.210	
M	5	68.80	JUN	Luuk Tiel	Algemeen Lid	150	157.5	162.5	107.5	112.5	115	270	177.5	192.5	200	462.5	507.400	
M	14	67.96	JUN	Moustapha Afatan	Algemeen Lid	120	125	132.5	60	65	75	207.5	150	160	165	372.5	396.160	

Referees (name and signature)

Head referee:

Left referee:

Right referee: