

Scoresheet Northside Barbell Cup 2020 • Zondagochtend (1/2)

Groningen - 1 February 2020

84.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	11	83.50		Mirte de Haan	GSKV Northside Barbell	142.5	150	155	72.5	75	77.5	232.5	165	175	175	407.5	624.04	
W	17	82.70		Elisa Hessels	East End Strength Sports	132.5	137.5	142.5	72.5	75	77.5	215	165	170	175	385	592.21	
W	5	83.20		Leonie Suurd	Powerlifting Zwolle	132.5	137.5	137.5	72.5	75	77.5	212.5	140	147.5	152.5	365	560.38	
W	7	82.90		Tanja Mundt	Algemeen Lid	120	130	135	57.5	60	62.5	195	150	160	165	355	545.96	
W	6	79.50		Evie Bus	NSKV Profectus	120	125	130	65	67.5	70	200	130	140	145	345	539.59	

93.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	15	91.86		Reno Lok	Algemeen Lid	137.5	147.5	150	95	100	105	250	180	200	207.5	457.5	404.75	
M	18	91.00		Tim Brouwers	Krachtlab	25	25	0	125	130	130	150	75	0	0	225	157.29	
M	16	90.54		Christiaan Brunink	Algemeen Lid	170	170	170	100	105	107.5	105	185	200	220	0	0.00	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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Groningen - 1 February 2020

93.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	21	92.52		Thomas Nigon	East End Strength Sports	200	210	220	140	142.5	150	370	280	290	295	665	623.87	
M	10	92.34		Michiel Francke	ESKV Odin	230	240	245	135	140	142.5	380	225	242.5	260	622.5	579.32	
M	20	91.82		Lars Knops	Perfect Performance	170	180	185	155	165	170	355	230	245	252.5	607.5	565.40	
M	3	89.20		Mike Beelen	Loods 37	192.5	202.5	212.5	105	112.5	117.5	330	230	245	255	575	540.92	
M	1	86.14		Guillaume Ariès	Algemeen Lid	190	197.5	197.5	130	137.5	142.5	340	205	220	230	570	548.25	
M	22	92.88		Stanley Van Essen	Algemeen Lid	205	215	215	125	130	132.5	347.5	220	227.5	227.5	567.5	518.65	
M	4	90.28		Abel Coenen	Algemeen Lid	180	180	180	130	140	0	310	230	240	250	560	520.38	
M	19	87.52		Charif de Keizer	Algemeen Lid	175	180	185	110	120	125	310	220	230	240	550	520.36	
M	9	92.24		Theo Dijkstra	K&C training	167.5	172.5	177.5	115	120	120	292.5	190	202.5	205	495	443.63	

Referees (name and signature)

Head referee:

Left referee:

Right referee: