

Scoresheet Northside Barbell Cup 2020 • Zaterdagochtend (1/2)

Groningen - 1 February 2020

52.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	9	51.92		Manoe Ossel	Iron House Co.	95	97.5	97.5	52.5	55	57.5	150	115	122.5	130	272.5	512.62	
W	5	52.00		Narjis Regadane	Striktly Powerhouse	45	52.5	57.5	35	37.5	40	92.5	70	80	82.5	175	315.58	

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	11	56.20		Emily Wolff	Algemeen Lid	70	75	80	50	55	57.5	137.5	105	112.5	117.5	250	449.94	
W	12	54.48		Richella Wardenier	Algemeen Lid	70	75	80	40	45	47.5	120	100	110	115	235	427.19	

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	20	62.92		Esmee Dijjers	Algemeen Lid	125	130	132.5	72.5	75	77.5	210	172.5	177.5	180	390	677.51	
W	17	60.88		Katinka van Baalen	Algemeen Lid	105	110	0	72.5	77.5	77.5	182.5	135	145	150	327.5	575.10	
W	7	61.30		Marije van Bloois	East End Strength Sports	97.5	100	102.5	57.5	60	62.5	165	120	127.5	132.5	292.5	509.89	
W	22	62.32		Rosa Stienstra	ASKV Kratos	75	82.5	87.5	40	42.5	45	132.5	100	110	117.5	242.5	416.54	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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Groningen - 1 February 2020

72.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	1	66.88		Ariane Derickx	NKV Atlas	117.5	122.5	127.5	70	75	77.5	205	147.5	160	165	365	615.09	
W	15	66.78		Nathalie Hillenga	Algemeen Lid	115	120	125	65	67.5	70	192.5	147.5	155	160	352.5	594.04	
W	2	71.12		Nienke Eilander	East End Strength Sports	137.5	142.5	147.5	57.5	60	62.5	207.5	145	152.5	152.5	352.5	577.61	
W	8	67.96		Laura Hooijberg	Algemeen Lid	112.5	117.5	120	70	72.5	75	195	145	152.5	157.5	347.5	580.85	
W	6	71.06		Ariana Hoeben	Algemeen Lid	105	112.5	112.5	60	65	67.5	177.5	140	145	150	327.5	536.41	
W	21	71.66		Hanneke Chorus	NKV Atlas	105	112.5	117.5	47.5	52.5	55	172.5	112.5	122.5	127.5	300	489.16	
W	25	66.92		Kim Claessens	Krachtlab	97.5	102.5	107.5	50	55	57.5	165	120	132.5	140	297.5	499.12	
W	3	71.06		Arleen Meijer	Powerlifting Apeldoorn	100	100	105	47.5	50	52.5	155	105	115	125	280	457.72	
W	24	69.12		Sibel Onemli	Strength Academy	85	87.5	90	50	52.5	55	140	120	125	130	270	446.04	
W	14	68.74		Fransina Supusepa	Algemeen Lid	115	115	115	67.5	70	70	182.5	160	160	0	0	0.00	

Referees (name and signature)

Head referee:

Left referee:

Right referee: