

Scoresheet Beginnerswedstrijd Powerliften Nijmegen • Zaterdagochtend (1/2)

Nijmegen - 15 February 2020

52.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	8	48.70		Maartje Claessen	Beginner	60	67.5	72.5	40	42.5	47.5	115	80	87.5	95	210	398.06	
W	11	51.10		Eva Zhu	Beginner	107.5	107.5	107.5	50	55	60	55	110	120	130	0	0.00	

57.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	4	55.80		Amber de Groot	Beginner	92.5	95	97.5	42.5	45	47.5	142.5	95	100	105	247.5	446.62	
W	9	56.30		Kelly Senden	Beginner	65	67.5	72.5	40	42.5	45	117.5	80	85	90	207.5	368.36	

59.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	5	56.70		Tom Kuurstra	Beginner	90	97.5	102.5	62.5	67.5	72.5	175	102.5	110	117.5	292.5	346.39	

66.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	6	64.10		Gianni Koorndijk	Beginner	140	140	150	100	105	105	250	180	210	0	460	533.99	
M	19	63.40		Victor Bosch	Beginner	100	110	115	70	80	85	200	140	150	160	360	403.26	
M	22	64.10		Davey Plones	Beginner	105	112.5	115	90	95	100	215	115	122.5	130	337.5	369.16	
M	18	63.20		Tom Nillesen	Beginner	90	90	102.5	70	80	85	187.5	110	120	125	312.5	339.81	
M	14	65.80		Carlos Seba	Beginner	160	160	160	92.5	92.5	92.5	0	180	182.5	200	0	0.00	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Beginnerswedstrijd Powerliften Nijmegen • Zaterdagochtend (2/2)

Nijmegen - 15 February 2020

72.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	12	69.00		Zuzanna Mandrysz	Beginner	110	110	117.5	50	55	57.5	175	120	127.5	135	310	513.75	
W	15	66.90		Robin van Rosmalen	Beginner	87.5	95	100	55	57.5	60	160	125	132.5	140	300	503.48	
W	17	69.80		Emma Cecchi	Beginner	100	105	107.5	47.5	50	55	155	110	115	120	275	452.66	
W	1	70.50		Marion Staats	Beginner	90	95	100	55	60	62.5	160	110	115	120	275	450.86	
W	10	70.00		Elise Groenendijk	Beginner	82.5	87.5	95	47.5	55	60	150	100	110	117.5	267.5	439.61	
W	2	65.40		Romy Koppert	Beginner	67.5	77.5	85	50	55	60	140	110	117.5	125	265	447.59	
W	7	69.60		Kimberly Meysen	Beginner	95	100	105	55	55	60	160	100	100	105	260	428.04	
W	3	63.70		Mylene van der Scheer	Beginner	62.5	70	77.5	40	45	50	120	80	90	100	220	373.06	

Referees (name and signature)

Head referee:

Left referee:

Right referee: