

Scoresheet SBD CUP Powerliften Classic 2019 • Zaterdagochtend: Platform Rood (1/2)

Nijmegen - 28 September 2019

52.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	45	51.40	OPEN	Jetsy Werleman	Algemeen Lid	95	100	0	52.5	57.5	57.5	147.5	125	132.5	132.5	272.5	515.27	
W	37	52.00	OPEN	Linde Heerkens	Algemeen Lid	87.5	92.5	92.5	47.5	50	55	142.5	120	125	127.5	262.5	492.05	
W	11	50.60	OPEN	Carolien Schouten	Algemeen Lid	55	60	65	42.5	47.5	47.5	107.5	70	75	80	187.5	344.73	

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	20	56.70	OPEN	Christine Rebello	Iron House Co.	115	122.5	127.5	65	70	72.5	200	145	155	165	365	666.87	
W	9	55.20	OPEN	Veerle van Leemput	Algemeen Lid	97.5	102.5	105	65	67.5	70	172.5	132.5	137.5	140	312.5	574.71	
W	16	56.20	OPEN	Solange Tjon-A-tjoen	Algemeen Lid	105	110	112.5	55	60	60	167.5	112.5	122.5	130	297.5	540.82	
W	57	56.60	OPEN	Jolene Bock	Strength Academy	97.5	100	102.5	60	62.5	65	165	110	117.5	120	285	515.14	
W	26	55.50	OPEN	Manoe Ossel	Iron House Co.	90	95	100	50	55	57.5	152.5	105	112.5	117.5	270	491.14	

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	15	62.10	OPEN	Yvette van de Boomen	Sportcentrum Top-Fit	110	115	120	65	67.5	67.5	187.5	130	140	145	327.5	569.72	
W	7	62.50	OPEN	Jirmeja Wijngaarde	Algemeen Lid	95	102.5	110	65	67.5	70	177.5	125	130	135	312.5	541.19	
W	18	60.80	OPEN	Josine Verhagen	Iron House Co.	80	85	92.5	45	50	52.5	142.5	105	112.5	120	262.5	457.24	
W	60	62.00	OPEN	Anissa de Bree	Algemeen Lid	82.5	87.5	92.5	35	35	40	132.5	105	112.5	120	252.5	435.40	
W	42	60.50	OPEN	Sharon Vlasveld	Algemeen Lid	62.5	67.5	72.5	35	37.5	40	112.5	65	75	80	192.5	330.53	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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Nijmegen - 28 September 2019

63.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	36	62.40	OPEN	Colette Haddon	Team Magna	137.5	142.5	147.5	75	80	82.5	227.5	160	170	175	402.5	702.65	
W	29	61.90	OPEN	Lise Goldman	Strength First	127.5	132.5	140	72.5	77.5	80	217.5	137.5	147.5	155	372.5	651.52	
W	24	62.50	OPEN	Esmee Dijjers	Algemeen Lid	120	127.5	127.5	70	72.5	75	192.5	165	170	177.5	370	643.99	
W	39	60.80	OPEN	Aysun Cakmak	Algemeen Lid	130	132.5	135	72.5	75	77.5	207.5	160	160	162.5	367.5	648.21	
W	14	59.30	OPEN	Mylene van der Spek	Powerlifting Zwolle	125	132.5	137.5	67.5	72.5	72.5	205	142.5	150	160	355	633.25	
W	10	62.40	OPEN	Kelsey Koffijberg	Algemeen Lid	130	135	137.5	75	77.5	80	215	125	130	135	350	608.70	
W	46	62.70	OPEN	Lana Hooiveld	Algemeen Lid	115	120	120	75	80	80	195	145	150	155	350	607.31	
W	53	61.90	OPEN	Janneke Brauckman	GSKV Northside Barbell	105	115	125	77.5	82.5	85	197.5	125	135	142.5	340	593.07	
W	52	62.40	OPEN	Tessa Ophoff	Powerlifting Zwolle	115	120	122.5	62.5	67.5	67.5	182.5	140	147.5	157.5	340	590.80	
W	59	62.50	OPEN	Laura Hooijberg	Algemeen Lid	107.5	112.5	115	67.5	70	72.5	185	140	147.5	150	335	581.42	
W	25	62.50	OPEN	Sanne van der Ploeg	Algemeen Lid	97.5	110	117.5	62.5	67.5	72.5	182.5	107.5	122.5	130	312.5	541.19	
W	5	62.50	OPEN	Emma Dierickx	Strength Academy	100	105	105	60	62.5	67.5	167.5	130	132.5	135	300	518.84	
W	17	61.50	OPEN	Louise de Jong	Iron House Co.	90	95	100	60	65	67.5	162.5	120	127.5	132.5	295	513.65	
W	8	62.10	OPEN	Janine Wiessenberg	Powerlifting Zwolle	105	110	110	60	62.5	62.5	167.5	117.5	122.5	125	292.5	506.90	

Referees (name and signature)

Head referee:

Left referee:

Right referee: