

Scoresheet NK Powerliften Classic 2019 (Sub)Junioren • Zaterdagochtend (1/3)

Utrecht - 22 June 2019

52.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	16	50.20	JUN	Marianne van de Wouw	Wageningen Beasts	100	105	105	45	47.5	50	152.5	125	132.5	132.5	277.5	531.98	
W	30	51.85	JUN	Denise Luijnenburg	Algemeen Lid	87.5	92.5	92.5	50	55	57.5	147.5	110	117.5	120	267.5	502.87	
W	18	51.55	S-J	Linde Heerkens	Algemeen Lid	82.5	87.5	92.5	45	47.5	50	135	110	115	115	245	458.70	

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	31	56.00	JUN	Katinka van Baalen	Algemeen Lid	102.5	107.5	112.5	72.5	78	80	190.5	135	145	159.5	335.5	614.65	
W	5	54.70	JUN	Jesse Lentjes	Algemeen Lid	92.5	97.5	100	60	65	67.5	165	125	130	135	300	553.03	
W	42	56.15	JUN	Anouk Greve	East End Strength Sports	87.5	92.5	95	57.5	60	62.5	155	105	110	115	270	488.42	
W	41	56.55	JUN	Rilana Pal	Powerlifting Zwolle	90	95	95	45	47.5	47.5	140	100	107.5	112.5	252.5	453.43	

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	11	62.15	JUN	Eva Maria de Langen	GSKV Northside Barbell	120	125	127.5	57.5	60	62.5	190	147.5	152.5	160	342.5	596.42	
W	27	61.30	S-J	Lana Hooiveld	Algemeen Lid	115	120	120	70	75	75	190	145	150	150	340	595.84	
W	36	61.35	S-J	Tessa Ophoff	Powerlifting Zwolle	102.5	107.5	112.5	57.5	62.5	67.5	175	130	140	146	321	561.25	
W	38	61.90	JUN	Nienke Korte	Algemeen Lid	110	115	120	40	45	50	170	127.5	137.5	142.5	312.5	543.61	
W	34	62.50	JUN	Michelle de Jong	Algemeen Lid	102.5	110	110	57.5	60	65	167.5	127.5	135	137.5	305	527.78	
W	4	63.00	JUN	Sanne van der Ploeg	Algemeen Lid	92.5	102.5	115	55	60	62.5	177.5	105	115	127.5	305	525.87	
W	6	61.00	JUN	Céline Cacchione	Algemeen Lid	85	90	92.5	52.5	57.5	60	147.5	87.5	95	100	247.5	429.36	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet NK Powerlifen Classic 2019 (Sub)Junioren • Zaterdagochtend (2/3)

Utrecht - 22 June 2019

59.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	25	58.25	S-J	Danial Karami	Sportcentrum Top-Fit	130	135	140	85	85	85	225	160	162.5	175	387.5	474.71	

66.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	22	65.55	JUN	Michiel de Graaff	NSKV Profectus	135	142.5	147.5	82.5	90	92.5	240	182.5	190	195	430	484.52	
M	24	65.35	JUN	David Pattipeilohy	SKVU Obelix	132.5	142.5	147.5	77.5	82.5	87.5	235	165	177.5	195	412.5	462.52	
M	9	65.40	JUN	Ishvar Lalbahadoersing	Algemeen Lid	130	130	130	95	100	102.5	230	155	162.5	167.5	397.5	442.33	
M	15	65.70	JUN	Yasir Aydemir	DSKV IJzersterk	120	125	130	80	85	87.5	210	162.5	172.5	180	390	430.72	
M	35	65.30	JUN	Ryan Toisuta	TSKV Spartacus	122.5	130	135	75	80	85	210	160	170	175	380	419.66	
M	1	65.50	JUN	Mario van Nistelrooij	Algemeen Lid	140	140	140	110	115	115	110	200	212.5	220	0	0.00	

83.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	19	81.75	JUN	Ben Rooth	Algemeen Lid	150	152.5	155	90	92.5	95	250	215	220	225	475	459.54	
M	29	76.45	S-J	Bart Zeilstra	KSC Friesland	140	150	160	100	105	105	255	180	190	197.5	452.5	455.82	
M	2	81.35	S-J	Ivo Vastenhouw	Algemeen Lid	150	160	170	95	100	105	260	162.5	185	192.5	452.5	435.31	
M	23	81.25	JUN	Jurre Bergers	Wageningen Beasts	132.5	140	145	95	100	100	245	182.5	187.5	190	435	415.57	
M	33	78.35	JUN	Philip van den Heuvel	DSKV IJzersterk	145	155	155	85	87.5	92.5	247.5	155	162.5	167.5	415	403.41	
M	8	79.55	S-J	Luca Claessens	Loods 37	130	140	0	80	85	90	225	162.5	162.5	165	390	369.68	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet NK Powerliften Classic 2019 (Sub)Junioren • Zaterdagochtend (3/3)

Utrecht - 22 June 2019

83.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	37	82.60	JUN	Lorenzo van der Loo	Algemeen Lid	235	245	250	145	150	155	405	260	0	0	665	672.51	
M	17	82.25	JUN	Sil Maris	GSKV Northside Barbell	225	235	240	132.5	137.5	140	380	255	270	270	635	640.21	
M	40	82.05	JUN	Aaron van der Wolde	Algemeen Lid	190	200	210	140	145	147.5	357.5	250	265	280	622.5	626.99	
M	14	81.50	JUN	Thijs Kortekaas	Fox Gym	180	187.5	192.5	125	132.5	140	325	190	205	215	540	535.19	
M	28	82.25	JUN	Kevin Kho	DSKV IJzersterk	160	170	180	130	140	145	315	200	200	215	530	520.33	
M	21	80.85	JUN	Wesley de Laat	Strength First	185	187.5	205	117.5	125	130	330	175	187.5	195	525	520.93	
M	26	81.55	JUN	Brian Fung	Algemeen Lid	185	195	195	120	127.5	127.5	315	190	205	215	520	512.00	
M	32	80.00	JUN	Arno Hoefnagel	Algemeen Lid	170	170	180	95	100	102.5	282.5	200	220	230	502.5	498.75	
M	3	81.45	JUN	Joery Wesseling	Algemeen Lid	185	195	202.5	100	105	110	300	185	195	202.5	495	483.74	
M	12	82.55	JUN	Thomas Boon	ASKV Kratos	165	165	175	97.5	100	102.5	265	215	235	235	480	462.03	
M	10	81.10	S-J	Boris Tromp	Algemeen Lid	155	165	175	105	112.5	120	287.5	190	192.5	212.5	477.5	465.08	

120.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	20	126.05	JUN	Bjarne Bloemhof	Algemeen Lid	180	200	210	130	140	145	355	220	235	245	600	459.36	
M	39	124.70	JUN	Luuk Wemmenhove	Powerlifting Zwolle	155	160	167.5	110	115	120	282.5	190	200	205	482.5	355.12	

Referees (name and signature)

Head referee:

Left referee:

Right referee: