

# Scoresheet NK Powerliften Equipped 2019 • Zondagmiddag (1/2)

Oudkarspel - 24 February 2019

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	16	57.00	OPEN	Evita Juanita Talahatu	NKV Atlas	157.5	157.5	167.5	90	95	100	267.5	140	150	157.5	425	598.26	

72.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	14	71.30	OPEN	Maaïke de Vries	Algemeen Lid	160	170	170	115	120	125	295	117.5	117.5	127.5	422.5	543.80	

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	5	78.00	OPEN	Ankie Timmers	NKV Atlas	215	225	225	175	180	188	405	210	220	225	630	731.49	
W	11	82.40	OPEN	Iris Kensenhuis	Team Magna	205	212.5	215	95	100	102.5	317.5	225	235	240	552.5	641.52	
W	9	83.50	S-J	Bo Strösser	Sportcentrum Top-Fit	140	150	160	75	80	85	235	135	150	165	385	477.94	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	10	113.80	MI	Brenda van der Meulen	SSS Alkmaar	190	205	212.5	190	202.5	212.5	425	170	180	185	610	623.38	
W	2	88.05	OPEN	Ilirish Kensenhuis	Team Magna	165	170	175	92.5	95	100	275	207.5	212.5	215	487.5	565.55	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet NK Powerlifter Equipped 2019 • Zondagmiddag (2/2)

Oudkarspel - 24 February 2019

74.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	6	73.65	OPEN	Pardeep Kailey	NKV Atlas	255	265	265	172.5	177.5	182.5	432.5	260	277.5	277.5	710	633.93	

83.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	3	82.80	JUN	Maurice Koopmanschap	SSS Alkmaar	230	243	247.5	160.5	170	175	413	235	245.5	252.5	658.5	551.98	

93.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	1	85.05	JUN	Raimundo Obispo	Sport Arena Eindhoven	190	200	210	120	125	130	330	205	220	235	565	474.64	

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	4	99.50	OPEN	Joost de Groot	Team Magna	280	300	300	180	187.5	192.5	472.5	275	277.5	285	757.5	565.55	
M	12	99.35	OPEN	Jochem Schaap	SSS Alkmaar	225	235	245	185	192.5	192.5	420	200	215	222.5	642.5	488.46	
M	17	100.55	JUN	Jugraj Singh	Strength Academy	220	220	220	145	155	160	380	230	240	250	620	470.35	

120.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	7	125.85	OPEN	Jordi Snijders	Strength Academy	370	382.5	382.5	317.5	317.5	327.5	700	310	327.5	335.5	1027.5	665.09	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: