

Scoresheet SBD CUP 2018 • Zondagochtend: Plankier 1 (1/2)

Nijmegen - 22 September 2018

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet SBD CUP 2018 • Zondagochtend: Plankier 1 (2/2)

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66.0 kg						Squat			Bench Press			Deadlift			TOTAL	WILKS	PL	COEF	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	WILKS	PL	COEF
M	10	65.60	OPEN	Milan Carels	Fox Gym	180	187.5	192.5	90	100	105	292.5	170	180	190	472.5	372.87		0.789

74.0 kg						Squat			Bench Press			Deadlift			TOTAL	WILKS	PL	COEF	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	WILKS	PL	COEF
M	11	73.10	MIII	Michiel van Son	SSS Alkmaar	150	160	160	80	90	100	250	195	205	212.5	462.5	335.61		0.726

83.0 kg						Squat			Bench Press			Deadlift			TOTAL	WILKS	PL	COEF	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	WILKS	PL	COEF
M	9	76.50	OPEN	Pardeep Kailey	NKV Atlas	245	255	262.5	167.5	175	180	442.5	260	275	300	717.5	504.36		0.703
M	1	81.80	OPEN	Neil Commandeur	Algemeen Lid	172.5	185	192.5	142.5	147.5	150	342.5	195	205	210	547.5	368.66		0.673
M	2	82.50	MI	Anne Bierma	KSC Friesland	190	205	212.5	100	107.5	107.5	297.5	185	195	0	492.5	329.93		0.670

93.0 kg						Squat			Bench Press			Deadlift			TOTAL	WILKS	PL	COEF	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	WILKS	PL	COEF
M	3	88.20	JUN	Maurice Koopmanschap	SSS Alkmaar	210	225	235	160	160	170	405	210	225	235	630	406.43		0.645
M	4	93.10	OPEN	Enrique Bakker	Algemeen Lid	245	257.5	265	130	135	0	400	250	260	275	0	0.00		0.628

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	WILKS	PL	COEF	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	WILKS	PL	COEF
M	8	96.70	OPEN	Joost de Groot	Team Magna	260	270	275	170	170	175	450	250	280	300	730	450.53		0.617
M	7	103.30	JUN	Jochem Schaap	SSS Alkmaar	215	230	240	180	190	195	425	200	210	220	645	387.69		0.601

Referees (name and signature)

Head referee:

Left referee:

Right referee: