

Scoresheet SBD CUP 2018: Powerlifting Classic • Zaterdagochtend: Plankier 1 (1/2)

Nijmegen - 22 September 2018

47.0 kg						Squat			Bench Press			Deadlift							
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	WILKS	PL	COEF
W	16	43.52	OPEN	Ianthe van Belzen	Iron House Co.	95	100	105	57.5	60	62.5	162.5	110	115	117.5	280	397.14		1.418
W	4	46.32	OPEN	Megan Garnier	Loods 37	70	70	72.5	42.5	45	47.5	117.5	107.5	112.5	120	230	312.57		1.359

52.0 kg						Squat			Bench Press			Deadlift							
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	WILKS	PL	COEF
W	1	51.81	OPEN	Pleun Dekkers	Sport Arena Eindhoven	132.5	137.5	140	72.5	77.5	80	217.5	142.5	150	152.5	370	462.56		1.250
W	9	51.22	OPEN	Valerie Hitzert	Algemeen Lid	110	120	120	50	52.5	57.5	167.5	132.5	142.5	142.5	310	390.98		1.261

57.0 kg						Squat			Bench Press			Deadlift							
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	WILKS	PL	COEF
W	5	56.92	OPEN	Evita Talahatu	NKV Atlas	140	145	147.5	87.5	92.5	95	240	130	142.5	150	382.5	444.34		1.162
W	18	54.22	MI	Aysun Cakmak	Algemeen Lid	105	110	115	65	70	70	180	155	160	162.5	342.5	413.31		1.207
W	22	55.68	OPEN	Veerle van Leemput	Strength Academy	95	97.5	100	57.5	60	62.5	160	120	125	130	290	342.75		1.182
W	2	55.79	OPEN	Lilian Verhoole	SCC Powerhouse	100	105	110	37.5	42.5	45	150	110	120	125	275	324.52		1.180
W	11	56.01	OPEN	Manoe Ossel	No Excuses	87.5	87.5	90	50	55	57.5	142.5	95	100	105	247.5	291.17		1.176

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet SBD CUP 2018: Powerlifting Classic • Zaterdagochtend: Plankier 1 (2/2)

Nijmegen - 22 September 2018

83.0 kg						Squat			Bench Press			Deadlift			TOTAL	WILKS	PL	COEF	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3				
M	15	82.50	JUN	Richard van Bezooijen	Algemeen Lid	222.5	230	235	142.5	150	152.5	387.5	250	260	270	657.5	440.46		0.670
M	17	80.60	OPEN	Randall Kariodimedjo	Algemeen Lid	210	217.5	222.5	165	170	175	392.5	240	250	262.5	642.5	436.58		0.680
M	3	80.70	OPEN	Raymond Bruynaers	Loods 37	195	205	207.5	137.5	145	147.5	352.5	237.5	247.5	252.5	600	407.39		0.679
M	12	82.40	OPEN	Casper Vaes	Loods 37	205	215	217.5	122.5	130	130	347.5	225	235	252.5	582.5	390.50		0.670
M	14	82.20	OPEN	Damian Borzyszkowski	Algemeen Lid	175	180	190	130	140	0	320	225	240	247.5	560	375.97		0.671
M	23	83.00	OPEN	Dempsey Thiele	Algemeen Lid	185	192.5	197.5	125	130	132.5	327.5	200	220	230	547.5	365.46		0.667
M	17	80.70	OPEN	Dervis van Leersum	Iron House Co.	177.5	185	190	117.5	125	130	310	205	215	220	530	359.86		0.679
M	7	82.70	OPEN	Martijn Warndorff	Barbell Strength	180	187.5	195	120	125	127.5	315	210	222.5	225	525	351.19		0.669
M	21	82.00	OPEN	Mike Beelen	Loods 37	182.5	195	195	95	102.5	102.5	290	215	230	240	520	349.63		0.672
M	6	81.70	OPEN	Dennis Dahlmans	Algemeen Lid	170	180	187.5	120	130	130	310	190	192.5	200	510	343.67		0.674
M	19	76.80	JUN	Pascal Kiers	Algemeen Lid	195	200	205	100	105	110	310	190	207.5	207.5	500	350.55		0.701
M	20	80.80	OPEN	Jerom Vissers	Algemeen Lid	175	185	192.5	115	122.5	122.5	192.5	210	222.5	232.5	0	0.00		0.678

Referees (name and signature)

Head referee:

Left referee:

Right referee: